

A brief introduction of Dr. Bharat Shah

Dr Bharat Shah

M.B.B.S., P. G. Dip in Pediatrics, ADNY,
PGDCH(Clinical Hypnosis)



Dr Bharat Shah completed his postgraduate studies in Pediatrics from Baroda Medical College. Then he worked as a pediatrician at KGP children hospital, Vadodara and subsequently at SEWA Rural, Jhagadia for about 5 years. Apart from routine hospital work, he was also involved in developing and executing community based health program that successfully reduced Infant Mortality Rate (IMR) in project area villages around Jhagadia.

Although his basic area of work was pediatrics and community health, he gradually found alternate systems of health care increasingly interesting. Consequently, he completed his Advanced Diploma in Naturopathy and Yoga (ADNY) from Panjab University, Chandigarh and obtained training as a yoga teacher. His interest in the field of mind and emotion also inspired him to complete a postgraduate diploma course in Clinical Hypnosis from CHARUSAT University, Changa, Gujarat. His deep interest in health awareness and education led him to publish educative booklets on various diseases and healthy lifestyle. He has also translated a book on medicinal plants that was originally published by World health Organization titled as "The Use of Traditional Medicine in Primary Health Care".

At present, he is working as Director, [Nisargopachar Kendra](#), a naturopathy based Holistic Healthcare Centre at Vinoba Ashram, Gotri, Vadodara. He is also a member of advisory committee of Janakidevi Bajaj Nature Cure Centre managed by Gujarat Vidhyapith, Ahmedabad. He has served as a member of managing committee of Shri Morarjee Desai College of Naturopathy and Yogic Sciences, Karelibaug, Vadodara and also as a member of the governing council of "Foundation for Revitalization of Local Health Traditions (FRLHT), a Bangalore based organization that has been recognized as "A National Centre of Excellence in Medicinal Plants" by the Government of India. He has been nominated as member of Governing Body of National Institute of Naturopathy, Pune as well as a member of Naturopathy Registration Board (NRB) and the Steering Committee of NRB by Ministry of AYUSH, Govt of India.