

Professor Vd. Arpan A. Bhatt :

B. A. M. S.; M. D. (Ayu.); Ph. D.; Samgeeta Visharada(B. A. in Music)

Professor and Head, Department of **Swasthavritta and Yoga** and **Dean, Planning and Development** at **Institute of Teaching and Research in Ayurveda (ITRA)**, (Institute of National Importance), Ministry of Ayush, Government of India, Jamnagar is also a **Chairman** of the Drugless Spiritual Healing Center and Health Counseling Center of the Department. He is a member of the **Governing Body, Standing Finance Committee** and **Scientific Advisory Committee** of **Morarji Desai National Institute of Yoga**, Ministry of Ayush, New Delhi, is a **Chairman – Assessment Committee** of **Yoga Certification Board (YCB)**, Ministry of Ayush, Govt. of India. He is a **Member – Steering Committee of Naturopathy Registration Board**, Ministry of Ayush, Govt. of India. He is **Executive Committee Member** of Gujarat Yogasana Sports Association (GYSA).

He has rendered his services as the first **Deputy Director (UG)** of Institute for Teaching and Research in Ayurveda (**ITRA**), **Principal** of Shri Gulabkunverba Ayurved Mahavidyalaya and **Director** and **Principal** of Maharshi Patanjali Institute for Yoga Naturopathy Education and Research of the Gujarat Ayurved University, **Project Director**, Department of Projects- GAU and **Programme Director** of Advanced Center for Yoga Education and Research at GAU, Jamnagar, and was a member of the **Assessment Committee** of **YCB** and **Academic Committee** for Yoga and Naturopathy under the NBPYN, **Ministry of Ayush**, Government of India. He was a member and convener of **Board of Studies** at GAU Jamnagar and various other universities of India in the subjects of Swasthavritta and Yoga. He has been a **Jury** member at the **National Yoga Olympiad** for School Children under Ministry of Human Resource Development GoI and National/ International **Jury** for #mylifemyyoga video blogging contest. He is an adjudicator of **Ph. D.** theses to various universities.

Being a subject expert for **Swasthavritta, Yoga, Nisargopachara, Music and Music Therapy**, he is in the **Advisory** committee of many leading Institutions like **Institute of Salutogenesis and Complimentary Medicine (ISCM)**. **Sri Balaji Vidyapeeth**, Puducherry, **Leelavati Nature Cure and Yoga Research Centre**, Jamnagar, **SAMUTKARSH Academy** for Yoga, Music and Holistic Living, Ahmedabad, to name a few.

He has **20** publications under his authorship/co-authorship which include E-learning modules, booklets and monographs. Some are in the process. He has more than **40** authored/co- authored papers and have guided approx. **60** applied and clinical research dissertations in Yoga and

Naturopathy. He has participated in more than **200** Seminars/Conferences/Symposia etc. on International/National/Regional platforms in various capacities. He has delivered more than **475** lectures as a key note/ guest/ invited speaker.

He is a **Referee and Reviewer** in AYU International – a peer reviewed and listed magazine published by IPGT & RA, GAU, Jamnagar and has been Review Editor for Yoga Mimansa – Kaivalyadhama, Lonavla. He was Chief Editor of ‘Yogavrutta’ magazine of ACYER, GAU.

He has visited **Nepal** to deliver Invited Lecture in 1st Ayurved Conference and Health Expo at Kathmandu in Nov.2023, **Rio De Janeiro – Brazil** on invitation from the Ministry of Health, Brazil for delivering guest lectures at the International Conference CONGREPICS 2018, **Lisbon – Portugal** on invitation from the Portuguese Yoga Federation for promotion of music and Yoga at World Yoga Day 2013 and some places of **United Kingdom** for promotion of Indian Music and Arts through Indo-British Cultural Exchange in 1988.

He is a **Life Member** of **Indian Yoga Association (IYA)**, Academy for Ayurveda Development And Research (**AADAR**), Indian Musicological Society (**IMS**), Halar Vaidya Sabha etc. organizations working towards the preservation and promotion of Indian Sciences, Arts and Culture.