

CURRICULAM VITAE

Dr. SHAIJU. K. S [Dr. SHAIJU KOTTAPURAM SASIDHARAN]

**District Program Manager - Kollam & Thiruvananthapuram Districts
National AYUSH Mission
H&FW Department. Govt. of Kerala.**

PRESENT ADDRESS

DPMSU Office
National AYUSH Mission
4th Floor- Arogya Bhavan
Thiruvananthapuram - 695001

PERMANENT ADDRESS

KRISHNA NIVAS
Peringamala
Kalliyoor P.O 695 042
Thiruvananthapuram, Kerala

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Email: drshaiju2011@gmail.com, dpmnamtvpm@gmail.com

Date of Birth : 30.05.1973

Marital Status : Married

**Academic
qualifications**

B.N.Y.S	MANGALORE UNIVERSITY	1995
M.Sc Yoga	Annamalai University	2018

Current Positions and responsibilities:

- 1. District Programme Manager Trivandrum and Kollam**
- 2. Coordinator- Committee for Feasibility Study of Naturopathy Yoga College. Kerala**
- 3. Expert Committee Member – Kerala University of Health**

- Sciences. Kerala**
4. State Convener for Yoga project under Plan fund of ISM - GoK
5. Member- Scle Kerala Curriculum development committee

Clinical Experience and Administration

1. 01.09.1995 to 31.01.1996 B.K. Nature Cure and Yoga Centre, [5 Months]
Pathanad, Changanassery, Kottayam.
2. 01.02.1996 to 29.07.1997 Mercy Hospital, Chengalam
[1 Year, 4 Months, 29 Days]
3. 01.08.1997 to 04.02.1999 - H.O.D – Dept of Naturopathy
T.N. Medical College of Naturopathy and Yogic Science, Salem
(Affl: The T.N.Dr. M.G.R. Medical University, Chennai) [1 Year, 5 Months, 4 Days]
4. 10.02.1999 to 11.03.2006 - Principal,
Sree Ramakrishna Medical College of Naturopathy and Yogic Sciences,
Kulasekharam. (Affl: The T.N.Dr. M.G.R. Medical University, Chennai)
[7 Years, One Month]
5. 15.03.2006 to 13.12.2007 – Chief Medical Officer
J.S.S.Institute of Naturopathy and Yogic Sciences, Ooty
(Affl: The T.N.Dr. M.G.R. Medical University, Chennai) [1 Year, 8 Months, 1 day]
6. 14.12.2007 to 05.03.2014 – Medical Officer (Nature Cure)
Govt. Ayurveda Hospital, Ottapalam [6 years 2 months, 19 days]
7. 06-03-2014 to 28-03-2016 - Yoga Teacher (Diplomatic posting on Deputation by
ICCR - MoEA) to Indian Embassy. Bhutan [2 years, 22 days]
8. 29.03.2016 to 19.12.2019 – Medical Officer Gr - I
Govt. Ayurveda Hospital, Ottapalam [3 years, 8 months, 21 days]
9. 20.12.2019 onwards – District Program Manager (Trivandrum and Kollam Districts)
– National AYUSH Mission. Kerala [2 years, 8 months, 7 days
and continuing]

Teaching Experience

1. **01.08.1997 to 04.02.1999 T.N. Medical College of Naturopathy and Yogic
Science, Salem [1 Year, 5 Months, 4 Days]
(Affl: The T.N.Dr. M.G.R. Medical University, Chennai)**
2. **10.02.1999 to 11.03.2006 Sree Ramakrishna Medical College of**

Naturopathy and Yogic Sciences, Kulasekharam. [7 Years, 1 Month]
(Affl: The T.N.Dr. M.G.R. Medical University, Chennai)

3. 15.03.2006 to 13.12.2007 **J.S.S.Institute of Naturopathy and Yogic Sciences, Ooty** [1 Year, 8 Months, 1 day]
(Affl: The T.N.Dr. M.G.R. Medical University, Chennai)

4. 2011 to 2012 **State Resource Centre. Thiruvananthapuram.Kerala.**

Foreign Deputation: Yoga Teacher Cum Performer (Diplomatic posting)
Indian Embassy. Bhutan [Ministry of External Affairs]
(March 2014 – March 2016)

Positions handled:

1999 – 2008 - Member,

Board of Studies,
Board of Syllabus,
Board of Examination
Board of Results
Board of Inspection

} The T.N. Dr. M.G.R
Medical University.
Chennai

2002 to 2007 - External Examiner for Rajiv Gandhi University for Health Sciences, Bangalore,

2004 to 2007 - External Examiner – SVYASA Deemed University. Bangalore

2008 to 2014 - General Secretary. I.N.Y.G.M.A (National)

2009 - Member- Task Force on Development of N & Y. Govt.of India.

2011 – 2013 - Member of Curriculam and Course designing
Indira Gandhi National Open University

2012 onwards - External Examiner for SVYASA Deemed University. Bangalore.

2017 to 2018 - PEC Member, CCRYN, New Delhi

2018 onwards - Expert Committee member to Board of Studies- Kerala University of Health Sciences

Details of national/international Seminars/conferences/symposiums

1. **INVITED SPEAKER,** NATIONAL CONFERENCE,
conducted by NATIONAL INSTITUTE OF NATUROPATHY, PUNE. MINISTRY OF AYUSH: 08 -10/12/2007.

2. **GUEST FACULTY TO C.M.E CONDUCTED BY NATIONAL INSTITUTE OF NATUROPATHY, PUNE. MINISTRY OF AYUSH.**

a. S.D.M. COLLEGE FO NYS, UJIRE: 14-16/05/2001

- b. GANDHI NYS, HYDERABAD: 12.03.2010
- c. S.R.K.MEDICAL COLLEGE OF NYS, KANYAKUMARI
- d. Dr. SHIVARAJ MEDICAL COLLEGE OF NYS, SALEM

3. PAPER PRESENTATIONS ON NATUROPATHY at

- a) STATE LEVEL SEMINAR ON PROPOGATION OF AYURVEDA
by GOVT. OF KERALA. 2009
- b) AROGYA 2009, TRISSUR by AYUSH & GOVT. OF KERALA. 2009
- c) SATMYA 2012. TRIVANDRUM by GOVT. OF KERALA

**4. INVITEE FOR THE FIRST INTERNATIONAL CONFERENCE ON MEDITATION,
SHIRAZ, IRAN**

Languages on Command: 1. English
2. Malayalam
3. Hindi
4. Tamil
5. Kannada

The aforesaid information are true to the best of my knowledge

Date: 22.08.2022

Dr. SHAIJU. K. S