

CURRICULUM VITAE

Dr. Toran Singh, BNYS, M.S.c. Yoga



Village- Baad
Post- Kakuba
District- Agra
Uttar Pradesh.
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OBJECTIVE:

To utilize my at most knowledge in the field of Naturopathy and Yoga to develop the system and your esteemed institution.

SKILL SET:

Naturopathy and Yoga.

PROFESSIONAL QUALIFICATION:

Bachelor of Naturopathy and Yogic Science.

Institute: JSS Institute Naturopathy And Yogic Science,Ooty, Tamilnadu.

Period of study: Session 2003-2008

UNIVERSITY: The TN Dr.MGR Medical University,Chennai ,Tamilnadu.

Registration Details: Register under Tamilnadu Board of Indian Medicine Regn.No.0767

PROFESSIONAL EXPERIENCE:

Worked as Assistant Professor (contractual basis) in Department of BNYS Course,

Faculty of Ayurveda, Banaras Hindu University, Varanasi, UttarPradesh-221005

From 18, Nov., 2009 to 05, Aug.,2022.

Working as Dean, Faculty of Naturopathy and Yogic Science, University of

Patanjali. Hridwar, Uttarakhand from 16, Oct.,2022 to till date.

PROFESSIONAL PROFILE:

- **Handled various diseases with personal attention and care through Naturopathy and Yoga.**
- **Delivered Health awareness speeches for the General Public, Health seekers.**
- **Relaxative techniques and higher yogic practices as a part of stress management program.**
- **Directed dietary modifications for patients with various disorders.**
- **Organized various consultation and treatment camps for school children and general public.**
- **Represented the Institute in National and Regional conventions.**
- **Actively participated in Blood donation camp, AIDS Awareness camp**
- **Highly skilled and experienced in the field of Organic Farming.**
- **Participated in Inter Indian Medicine & Homoeopathy including Yoga and Naturopathy Collegiate Sports & Cultural Meet SYNERGY-2004**
- **Participated in Conference in the field of Naturopathy & Yoga organized by (INYGMA – Kerala chapter) -2007 at Thiruvnantpuram.**
- **Participated In International conference On Yoga and Naturopathy-2014 organized by Sri Dharmasthala Manjunatheshwara Collage of Naturopathy and Yogic Science& Hospital,Ujire, Karnataka.**
- **Received certification of appreciation from Vice-Chancellor of Banaras Hindu University, Varanasi for service of quality education to needy students during 2012-1013 session.**
- **Resource Person in Workshop on Yoga Therapy –11, March, 2015 to18, March, 2015.organized by Dept of Counseling and Psychotherapy , Banaras Hindu University, Varanasi.**
- **Resource Person on the Theme of Education in One Week Film Festival cum Workshop on Film Communication March 26 to April 01, 2015. Organized by Banaras Hindu University, Varanasi.**
- **Participated in National Natural Food Festival-2016 at Goa.Organized by National Institute of Naturopathy,Pune.**
- **Resource Person in Workshop on Applied Yoga and Meditation from 28, Feb., 2017 to 07, March, 2017 and delivered a lecture on effect of Pranayama.**
- **Participated in National Natural food festival-2017 at Bhubaneswar, Odisha Organized by National Institute of Naturopathy,Pune.**
- **Participated in National Natural food festival-2018 at Hyderabad, T.S. Organized by National Institute of Naturopathy,Pune.**
- **Resource Person in Workshop on Applied Yoga and Meditation from 04/02/2018 to 08/02/2018 and delivered a lecture on Role of Pranayama in Maintaining the Health.**
- **Organizing Secretary in Workshop on Naturopathy and Yoga Lifestyle Counselor from 20,Oct.,2016 to 27,Oct.,2016 organized by Dept. of Naturopathy and Yoga , faculty of Ayurveda , Banaras Hindu University, Varanasi.**
- **Participated In CME On Acupuncture On Basic Advanced Acupuncture Held On 18,19 Nov,2017 at new Delhi.**

PAPER PRESENTED:

- **International Workshop on Urban Development-2015, organized by Banaras Hindu University, Varanasi.
Title of the Paper –Role of Raja Yoga in Urban Development.**
- **One Week Workshop on Entreneurial Skill Research Methods In Hospitality And Truism Sector, Organized by Deen Dayal Upadhyay Kaushal Kenrda,2016
Banaras Hindu University, Varanasi.
Title of the Paper: Spirituality and yoga**
- **National Seminar on Role of Ayurveda in Rakta- Pradoshaja Vikaras(Blood Born Diseases) 10th,11th December -2016. Organized by dept. of Kayachikitsa, Faculty of Ayurvda , Banaras Hindu University, Varanasi.
Title of the Paper-role of Sat Kriyas in Blood Born Disorders.**
- **National Conference on Paradigm Shift in Innovation Business Management ,5 November , 2016
Title of the Paper-Role of Astanga Yoga in Business Management**

ADMISTRATIVE WORK EXPERIENCE

Proctor	BHU	Session 2015-2016, 2016-2017
Anti ragging member	BHU	Session 2015-2016
Hostel warden	BHU	Session 2016-2017
Deputy Course Coordinator	BHU	Session 2016- 2018

LINGUISTIC ABILITY:

- 1. Hindi**
- 2. English**
- 3. Tamil**

PERSONAL DETAIL:

Father Name:Late Sri Mahavir Prasad Verma
Date of birth :16, june, 1984
Sex : Male
Nationality : Indian
Marital status : Married

REFERENCES:

**1. Prof . J. S Tripathi
Head of the Department
Dept. of Kayachikitsa
Faculty of Ayurveda
Banaras Hindu University, Varanasi.**

**2. Prof. Mahavir Agarwal,
Pro Vice Chancellor,
University of Patanjali,
Haridwar, Uttarakhand.**

I hereby assure that all the particulars mentioned above are true to the best of my knowledge and belief.

**Date: 06/11/2023
Place: Haridwar.**



Dr. Toran Singh.